

QUOTA FLASH

Quota International of Waterloo

Quick Bits

Fall Schedule

Tuesday, August 25, 2015

Covenant Women's Center

4th Floor, Rooms 10-11

Waterloo

Program

"The Leader in Me"

Kayla Irwin, Waterloo Schools

Tuesday, September 22, 2015

Kimball Ridge Center

Lobby Area & Nut Room

Waterloo

Program

"Bagging Nuts"

Ways & Means Nut Committee

Tuesday, October 27, 2015

Covenant Women's Center

4th Floor, Rooms 10-11

Waterloo

Program

"Guest Night"

Gail Carter

Tuesday, November 24, 2015

Cedar Falls Library

Large Meeting Room

Cedar Falls

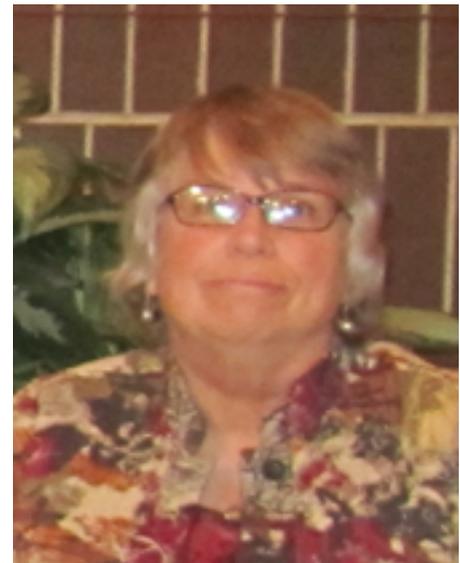
Program

To Be Announced

No Meeting in December

President's Message

Here we are almost to the end of summer. School will be starting in a week or so. Time sure goes fast as you gain seniority. So what's been going on this summer? We had a great time at the ball game. It was a beautiful evening and just a genuinely all-American fun time. Thanks, Jeanne. Let's do it again. Cops 'n' Kids gave away 403 books at the Waterloo Schools Free Breakfast and Lunch Program. Thanks to everyone who came and handed out books! Sandy is busily working on our 90 Year Birthday celebration. So far she is planning on our club giving 90 hours to the Food Bank and 90 casseroles to the Catholic Worker House. (I believe we're at 19 so far.) If anyone can think of a "90" for us to do, let Sandy know. We will have an actual party in May which is the month of our founding. If anyone is interested in chairing the Social Media or Program committees (most of the work is completed), let me know. Nuts are coming a little early so get ready! Remember the Quarter Auction is October 7th at Central Middle School! We have a lot of work ahead of us but a lot of fun to look forward to. Here we go!



—Mary Twaites

Catholic Worker House Casserole Count Update

Thanks to everyone who contributed casseroles for the August 1st donation to the CWH. Nineteen casseroles were given bringing our total number to 36 for the 2015-16 year. We're well on our way to our goal of 90 by May 15, 2016. Way to go Quotarians!

Happy Birthday!

August

- Liz Poole (8/2)
- Monica Haag (8/5)
- Joyce Kammeyer (8/9)
- Oletha O'Donnell (8/13)
- Marilyn Moore (8/15)
- Rose Quirk (8/18)
- Gail Carter (8/25)
- Cheri Harmsen (8/27)

September

- Ginny Salkeld (9/4)
- Jill Harlan (9/9)
- Vicki Atkins (9/11)
- Carol Toppin (9/12)
- Jeanne Speas (9/16)
- Eileen Gunderson (9/17)
- Pat Hagerstrom (9/18)
- Lynne Jensen (9/19)

Thank You

A special thank you to Kayla Irwin and the Waterloo Schools for speaking at tonight's meeting about "The Leader In Me" program. We are hopeful for future collaborations in our effort to establish a Junior Quota Club in the community. We appreciate the groundwork that Kayla has done to explore the potential for this project.

Did You Know?

- Girls sell almost 200 million packages of Girl Scout cookies every year.
- Approximately 13,000 girls in our council participate in the Cookie Sale Program.
- Most popular cookies... Thin Mints, Caramel deLites, and Peanut Butter Patties!

QUOTA BEARS TAKE TO THE AIR!

"Care Bears Not Afraid to Fly"



Mark Mahler, flight paramedic for AirCare at Covenant Hospital, likes flying his copter with Quota Care Bears on board. Covenant is just one of the three area hospitals that we deliver our teddy bears to each month. We also supply Bears to Child Protection Services at Allen Hospital.



SERVICE to DISADVANTAGED WOMEN & CHILDREN COMMITTEE LEARN MORE ABOUT GIRL SCOUTS

The SDWC Committee met on August 20th at the AEA 267 Office to begin setting goals, making plans, collecting ideas and establishing priorities for the year. Invited speaker, Maxine Webb (at left), a Development Manager at the Conestoga Council of Girl Scouts, shared information with the group about the organization and ways to support and sponsor Girl Scout activities. Quota is always looking for ways to be more hands-on and service-oriented. Maxine's presentation will be helpful as members pick projects and spend funds this year.

Quota Celebrates 90 Years of Service

“Our Hearts Are In Quota”

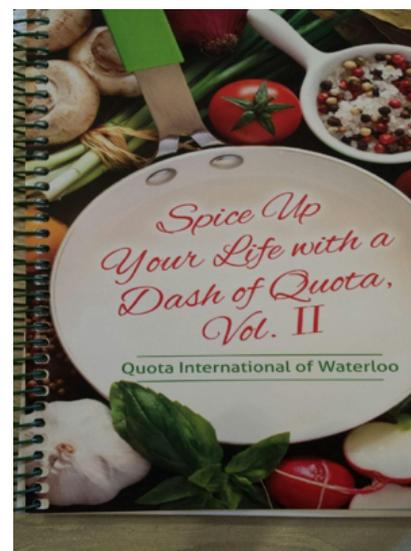
In conjunction with celebrating our Club’s 90th Anniversary, the FLASH will be highlighting the progress and achievements of our committees’ goals on a monthly basis. It will also bring you interesting pieces of information about the history and development of the organization. We will strive to build each member’s knowledge and appreciation for the impact of Quota in the community. Below is a news article that appeared in *The Courier* on Monday, August 24th to announce some initial plans for the upcoming year of celebration. Our thanks to the Publicity Committee for submitting information for the article.

Quota International of Waterloo is celebrating its 90th anniversary this year with the theme “Our Hearts are in Quota”. The nonprofit service organization has been active in the Cedar Valley since May 15, 1926.

Quota has two regular fundraising events each year: a nut sale beginning in September and a brunch in the spring. All money raised is distributed in Black Hawk and contiguous counties.

To mark this anniversary, members have committed to providing 90 hours of service to the Northeast Iowa Food Bank and 90 frozen meals to the Catholic Worker House and will be adding other service projects during the year. People with other projects that would fit into the club’s mission of empowering women, children, the deaf, hard-of-hearing and speech-impaired in local communities are welcome to email or leave a message on Facebook at Quota International of Waterloo Inc.

The group meets the fourth Tuesday of each month, except December, with meetings and locations posted on The Courier’s community calendar and in the newspaper. New members are welcome. Go to www.waterlooquota.com to check the history of service and for meeting information or email at: quotaofwaterloo@gmail.com with questions.



Order your copy today to help us spread the word about Quota and to support services and service projects by helping many in need within our community. All of the recipes are tried and true; submitted by our Waterloo Quota Club Members.

We have a few of our Volume I Cook Books available too! Volume I and Volume II cost is \$10.00 per cook book.

We Care

Quota Friendship

We Share

- **Note of Thanks:** Marsha Stroh would like you to know how much she has appreciated your thoughts and prayers over the weeks prior to and after her ex-husband Bernie’s illness, death and funeral. Bernard Stroh passed away on July 1, 2015. Please continue to keep Marsha and her sons, Ben, Brad and Pete in your prayers.
- **Quota Tip:** Jeanne Speas shares this helpful hint - Use an empty Kleenex box to store all those plastic grocery bags that are stuffed in your cupboard. The box holds a lot of them, doesn’t take up much space, and you can pull the sacks out one at a time! (Don’t be shy. If you have cooking, gardening, cleaning or whatever tips to share with the club, email them to Kathy Buzynski for the FLASH.)
- **Help Needed:** The Quota 90 Year Celebration Committee will be entering our club in the “My Waterloo Days” and “Sturgis Falls Celebration” parades next June. We are looking for a vehicle (such as a large pick-up truck) with a hitch that could pull some type of flatbed-type trailer in the parades. Yes, we’re going to have a float! If you know about resources we can use for the parade, please let Sandy know.