

QUOTA FLASH

Quota International of Waterloo

Winter Meeting Schedule

Tuesday, January 23, 2018
Zsavooz Sports Lounge & Grill
206 Brandilynn Blvd., Cedar Falls

5:30 pm Social/6:00 pm Dinner

Order Off the Menu
Pay Your Own Bill

Hostess Committee
Sandy Lawry, Chair
Signe Knief, Sharon Sadoris,
Rita Donovan

Program
Representative from
Waterloo Police Department

Tuesday, February 27, 2018
Clarion Inn University Plaza, CF
5:30 pm Social/6:00 pm Dinner

Menu
Baked Potato & Garden Salad Bar
Rolls & Butter
Coffee/Iced Tea
Cost \$14.00

Hostess Committee
Marsha Stroh, Chair
Mica Lorenz, Anne Parkhurst
Mary Donegan-Ritter, Allaire George
Barb Drews

Program
"Sensory Integration"
Kristi Williamson, OT
Central Rivers AEA

President's Message

Happy New Year everyone! The holidays are over and we are back to our every day routines. I had a wonderful yule time with our family being together. My grandchildren were definitely the highlight of my Christmas. I hope you were all fortunate to have a joyous Christmas too.

As you read in last month's *FLASH*, Quota had a very busy November and December. Even though we were all busy with our own families and seasonal activities we still made time to help others have a good Christmas. I'm sure we brought many smiles to the faces of our two sponsored families and those who received the gift stockings at House of Hope this year. Our work is satisfying ... thank you Quotarians!



I'm also happy to announce that we are starting off the New Year with 52 members on our roster. We want to welcome the two newest members: Beth Sinnwell and Misti Conyers! The Hearing & Speech committee donated \$5,000 to *Definitely Dogs!* This is an organization that supports the raising and training of service dogs used to help individuals with deafness/hearing impairment, autism, diabetes, and post-traumatic stress disorder. They also train companion dogs and facility dogs. With our donation, we will be able to name a puppy. So start thinking of good male and female dog names that we can give the puppy when we find out its gender. The Cops N Kids committee will be back distributing books to students in the remaining schools on their list starting in February. We were at the Food Bank on January 16 and 25; we'll return on February 13 and 27. Remember that Spring is only 8 weeks away!! So try to keep warm until it gets here!

Mary Sandberg

Celebrate National Pie Day on January 23rd



National Pie Day is a special day that is set aside to bake and cook all of your favorite pies. On this day, you are also encouraged to bake a few new pie recipes. And most importantly, it's a day to eat pies! National Pie Day was created by the American Pie Council. Celebration began in 1986 to commemorate Crisco's 75th anniversary of "serving foods to families everywhere."

Meeting Schedule

Tuesday, March 27, 2018

**Community Foundation of
Northeast Iowa**

5:30 pm Social/6:00 pm Dinner

Catered Meal by Patty Gaede

Menu

Chicken Noodle Soup, Garden Salad

Meat & Cheese Tray

Homemade Bread

Assorted Cold Drinks/Coffee

Cost: To Be Determined

Hostess Committee

Chris Lorenz, Chair

Cheryl Everman, Cheri Harmsen,

Shari Sorensen

Program

Brunch Planning

January Birthdays

Cheryl Everman (1/9)

Chris Lorenz (1/12)

Allaire George (1/16)

Joan Lentz (1/17)

Beth Hunemuller (1/22)

Anne Parkhurst (1/25)

Deanna Rustad (1/25)

February Birthdays

Signe Knief (2/2)

Mary Twaites (2/6)

Barbara Drews (2/11)

Dolly Maier (2/20)

Mary Sandberg (2/24)

Food Bank Volunteers

The next dates for Quotarians to
volunteer at the
Northeast Iowa Food Bank are:

Tuesday, February 13

5:00-7:00 PM

Thursday, February 22

5:00-7:00 PM

“Name That Puppy, Waterloo Quota”

Many Thanks from “Definitely Dogs!”



Co-owners of *Definitely Dogs!*, Lorette Vanourny (on left) and Sherry Steine-Ross (on right) receive a \$5,000 donation from Waterloo Quota in support of their organization that raises and trains service dogs for deaf/hearing impaired persons, individuals with autism, PTSD, and for diabetic alert. They also train companion and facility dogs.

It was a very merry Christmas for “Definitely Dogs” as they were informed that they would be the recipient of a \$5,000 donation from Waterloo Quota! At our December business meeting, the membership approved the donation of monies comprised of a \$1,000 memorial gift from the family of Dorene Entz (a former Quotarian) and \$4,000 from the Hearing & Speech Committee.

One of the perks of making a sizeable donation to this organization is the opportunity to ‘Name a Puppy’ that will be raised and trained to be a service dog. Sherry Steine-Ross, Director of Finance, and Lorette Vanourny, Director of Operations/Lead Trainer for *Definitely Dogs!*, will be coming to our February 27th meeting so we can do a formal check presentation and find out if the puppy we get to name is a boy or girl. So we need to be ready with some good names for a male and female labrador retriever. Calling all dog lovers we need your help!

Sherry and Lorette have advised that the puppy’s name we choose doesn’t sound like a command they will be taught as this would be confusing to the dog. Two-syllable names that ends in -y (i.e., the “ee” sounds) work the best. They also suggested that we have two male and two female names that our group finds acceptable and then they will help determine which of the names will work best for them when they come in February.

The Hearing & Speech committee will have a list of male and female dog names at the January meeting that the entire membership will vote and on and whittle down to 2 boy names and 2 girl names. There will still be time to add a favorite name that isn’t on the committee’s list so if you have a name you think we should consider, please bring it to the meeting or send it to me in an email before the meeting.

The American Kennel Club lists the Top 100 Male and Top 100 Female Dog Names on their web site and has been a helpful resource in developing our slate of possibilities. We’ve also received some names that are unique from individual members. Someone may be very clever and come up with a name that connects with something identifiable to Quota. For example, the Cedar Rapids Quota club named a puppy “Joiner” after Wanda Frey Joiner, the founder of Quota. You have license to think creatively with this task. Bring your ideas to our January meeting.

Quota Opens Door to More New Members



Mary Donegan-Ritter

Mary Donegan-Ritter is full time faculty in early childhood education teacher preparation at the University of Northern Iowa. She has a Ph.D. in Early Childhood Special Education; a M.S. in Early Childhood, and a B.S. in Elementary and Special Education. She has lived in the Waterloo/Cedar Falls area for 12 years, in Michigan for 9 years, Illinois for 4 years and was born and raised in New York.

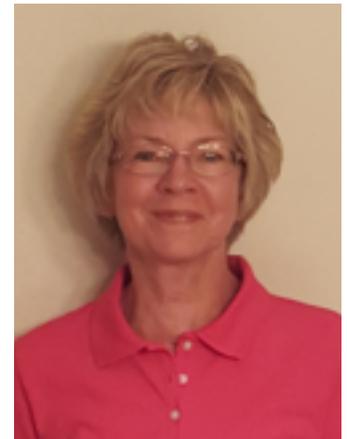
Mary joined Quota to meet new people who are committed to service and helping the community. "I have always worked with or on behalf of children. I am enjoying getting to know local women who give of their time and energy to help others."

Mary is married to Curt Ritter. They have a son James, and a daughter Alayna. Mary enjoys reading, traveling, and bicycling. She volunteers for her church and for the West High band. Mary's sponsor is Mary Sandberg. Welcome to Quota!

Beth Wagner comes to Quota with the sponsorship of Sandy Lawry. She joined because: "I retired in June and want to stay busy. I want to volunteer with an organization that makes a difference and gives me lots of opportunities to get out and do things to help people. Plus, I already know a lot of the members, and Beth Hunemuller said the members of Quota are lots of fun."

Beth was born in Marshalltown but has lived in Waterloo since the age of 5. She has B.A. degrees in Elementary Education and Special Education and a Master's in Secondary School Administration — all from the University of Northern Iowa. She worked for several years in the Waterloo schools and is now retired.

Beth loves to read, garden flowers, and travel. She also loves animals and has a German Shepherd and two cats. Her husband Kevin died in 2008. Her children are Aaron, who is married to Ellen, and Julie, who is not married. Beth says she is still patiently waiting for two-legged grandchildren! It's great to have you on board, Beth.



Beth Wagner



Sue Milligan was born and raised in Waterloo. She studied English education at the University of Northern Iowa and became a teacher. Sue has taught English in the Waterloo Schools since 1991 and has been assigned to West High for the past 14 years. She joined Quota because: "For years I have been telling my students that they need to volunteer to be invested in their community. It was time for me to act on my words."

Sue is married to Don Milligan for 28 years. They have two sons — Carter and Tyler, and two daughters — Rachel and Stephanie. The Milligans love to travel, go to the movies, and spend time at Clear Lake. She and Don love Clear Lake so much that they bought a home there to retire in. Beth Hunemuller is Sue's sponsor. Welcome to Quota, Sue we love our educators!

Those who give have all things. Those who withhold have nothing.

— An Amish Proverb



Quota Service Projects Take the Chill Out of Winter



Checking for spoils and boxing potatoes was a 'spuddy task' for our Quota team of volunteers last Tuesday. You can drop off food products for donation to the Food Bank.

MOST NEEDED ITEMS:



- Shelf-stable Milk
- 100% Fruit Juice
- Soups, Chilis, Stews
- Canned Fruits
- Personal Care Items: Toilet Paper, Bar Soap, Toothpaste/Toothbrush
- Whole Grain Cereals, Rice, Pasta
- Canned Meats (Tuna, Chicken, Salmon)
- Peanut Butter, Canned or Dried Beans
- Canned Vegetables

Quota volunteers at the on January 16th included: Mike Harn, Terry Sandberg, Mary Sandberg, Liz Harn, Sandy Lawry, Marge Maurer, Sharon Saddoris, Sharon's grand-daughter, and Anne Parkhurst. (Not pictured, Kathy Buzynski) A great team! Our next volunteer night at the Food Bank is Thursday, January 25 (5-7 PM).



Officer Lippert of the Waterloo Police Dept. talks with students at Lowell Elementary as part of the COPS N KIDS book event on Dec. 21st. Thanks also to our Quota volunteers including Beth Wagner, Sharon Saddoris, Pat Hagerstrom, Oletha O'Donnell and Eileen Gunderson. READ ON KIDDOS!



Principal Melissa Steggall accepted delivery of the *Roof Top Hop* Christmas books from Carol Toppin, Ginny Salkeld and Tom Salkeld at Fred Becker Elementary in Waterloo. The books were donated by the author, Michael Sheahan, and distributed throughout the district by Cops N Kids.



Service to Disadvantaged Women & Children Committee

SCARF PROJECT: UPDATE

Sharon Saddoris and Sandy Lawry hung scarfs, hats and mittens in Lincoln Park in Waterloo and a park in Evansdale on January 20th. Sandy also gave some to Hospitality House as they were giving away coats there the same day. The committee is still taking donations of these winter clothes items. You can bring items you want to donate to our January meeting at the Clarion Inn. Thank You! Oletha O'Donnell & Sandy Lawry

CASSEROLE DRIVE FOR CATHOLIC WORKER

Saturday, January 27, 2018

Please drop-off your donation of frozen casseroles at the Kimball Ridge Center front entrance 8:45-9:45 AM.

